Alone

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table	felt confident?	got it?	what I felt before looking
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

In pairs and in groups

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round	who guessed	stars (3·2·1)	what they felt before looking
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

This session: ___ stars · who picks the next page: _____

Eyes closed

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round	the number I said	got it?	what my body did before
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			

This session: ___ hits in ___ rounds (with six cards, by chance: about 1 in 6)

When do you get it right more often? · week by week

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week	rounds	hits	where they came from (how I was · breathing · body · saw / felt / knew)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			